

Coaching Application Form

Name: _____

Telephone: _____

Home: _____

Address: _____

Sex: Male ☐ Female ☐

Are you 18 years or older? Yes ☐ No ☐

1. Circle the highest year you completed in school:

Elementary 1 2 3 4 5 6 7 8

High school 1 2 3 4

College 1 2 3 4 5 6 7 8

2. Work history (last 10 years)

Company	Position	Dates

3. Is Volleyball the sport for which you are applying to coach?

Note: The sport you have written here will be referred to as “this sport” in the remainder of the questionnaire.

4. Why do you want to coach this sport? (Be specific.)

Coaching Background

5. Have you played this sport? Yes ☐ No ☐ Number of years: _____

6. What levels of this sport have you played?

	Academic level	Number of years played
	High School	
	College	

7. Have you coached this sport? Yes ☐ No ☐ Number of years: _____

8. What other sports have you coached?

Sport	Sponsoring agency	Age level	Years coached

9. Have you had any formal training as a coach? Yes ☐ No ☐ If yes, please describe (for example, PE degree, coaching courses, or clinics). _____

10. Describe any informal training that would help you coach (for example, reading books or watching sports).

11. Have you ever been convicted of a crime? If so, please explain. _____

12. Do you have any medical conditions that may affect your ability to coach? Yes ☐ No ☐

13. Please rate your knowledge of the following topics with regard to this sport by circling the appropriate number.

1 = You know very little about it.

2 = You have reasonably good knowledge about it.

3 = You know a great deal about it.

1 2 3 • Skills and strategies of the sport

1 2 3 • Rules of the sport

1 2 3 • Organizing practices

1 2 3 • Equipment needs and specifications

1 2 3 • Injury prevention and treatment

1 2 3 • Legal duties

1 2 3 • Developing sportsmanship

1 2 3 • Communication skills

1 2 3 • Warm-up and physical conditioning techniques

1 2 3 • Working with parents

1 2 3 • Principles of teaching sport skills

1 2 3 • Managing time

14. Please list the name, address, and telephone number (if available) of two persons who can attest to your coaching potential. One should be your most recent supervisor.

Name	Address	Telephone

Adapted, by permission, from *Directing youth sports programs*, © 2001 by Rainer Martens (Champaign, IL: Human Kinetics), 70-73, www.asep.com, 800-747-5698.