

2024/ 2025 Eclipse Volleyball Club Players Handbook

There are two levels of competition:

Regional Team (most common) -this is for developing players. Our goal is to prepare your child for their next level of competition. Ex. Upcoming freshman are preparing for JV/Potential Varsity time next school season, and might be thinking about playing college in the future.

American Team- We are looking at this group to play at a higher level with aspirations to play at the college level in the future. Ex. Upcoming sophomores that have seen some varsity time already and looking to be more of a factor at the varsity level their next school season. *Please note that the level of competition in each school can be drastically different, and that the child's level of play is often relative to your school's division.

Rules and Regulations:

Eclipse Volleyball Club abides by all USA Volleyball rules and state high school Athletic Association rules (OHSAA). some of these rules are:

- 13U and above only three players from the same school can be on the same team
- a high school coach cannot coach players from their own high school that were rostered players during the past season (this rule no longer applies effective November 2017)
- a junior high coach cannot coach players from their own junior high school there were rostered players during the last season. (This rule no longer applies effective November 2017)

NOTE: if this is your first experience with Club Volleyball, be aware that not all USA Volleyball rules are the same as high schools.

Before Try Out Session

Before stepping out on the floor for trial sessions, athletes must turn in the following documents:

- Must be an OVR member- You will first register for a tryout membership \$13. [OVR Registration](#); Need to have OVR membership # at tryout registration. If player is asked back then they will need receive an email with the invite and a link to complete their membership. That link also attaches them to the club.
- Eclipse Volleyball Club player profile sheet with OVR registration number (fulfilled by filling out the tryout registration at ([eclipse-tryout-registration.pdf](#))
- waiver of liability/ code of conduct form ([ovr waiver\(2\) \(1\).pdf](#))
- \$15 tryout fee (checks made payable to Eclipse Volleyball Club)

Try Outs

Eclipse Volleyball Club will be evaluating several athletes during tryouts. Athletes aspiring to be part of the Eclipse Volleyball Club will first go through a variety of skills tests. Evaluation of each player is made based on how well the athlete can pass, set, serve, and hit. Finally, they are watched during a game situation for their intrinsic traits and ability to work within a team environment in the Club's future team.

Eclipse Volleyball Club selects athletes based on the following criteria: coach ability, a willingness to be a team player, a great attitude, athletic ability for Volleyball, athletic potential, work ethic, drive, competitive attitude, and current skill ability and/ or experience.

After Tryouts

After tryouts, the coaching staff will meet to determine which girls will be offered a contract to participate in our program. Selected players will be asked to stay after and then posted on the website by the team. Players then must respond either by email or by phone to accept a contract. If a player does not contact the Club director, the director will make a phone contact attempting to see if the player will accept an Eclipse Volleyball Club contract. If a contract is declined, an alternate will be chosen, and the process will be repeated. Once you sign the contract, you may not play for any other USA Volleyball program for the remainder of the season.

What if I played for a high school team or another Club last year?

Every athlete in the Club will have to be evaluated each year. Each athlete must come to the tryouts ready to compete for a position on one of our teams. An athlete who cannot participate in tryouts because of a limited physical or medical condition or absence should talk to the Club director prior to the start of the tryout period to determine the status of their ability to play on one of their teams.

School sports and activities are an integral part of the scholastic experience, and we still make every effort to schedule practices around some of these other activities. Eclipse Volleyball Club understands the importance of school activities: therefore, school activities are considered equal importance to regional level Club teams.

Eclipse Volleyball Club teams require dedication on the part of the athlete for the team to be a success. This means that missed practices could result in forfeiture of playing time period if an athlete has more than three unexcused absences, they may be asked to leave the team without reimbursements of funds.

Furthermore, athletes' best performances will occur when they are on the top of their game physically and mentally. In order to maintain the body in mind at a peak performance level, an athlete must learn to handle various stresses and deal with recovering processes

following workouts. These stresses can be anyone of a combination of the following cold poor nutrition, illness, fatigue, insufficient rest between workout sessions, emotional stress from schoolwork, friends or family situations, or other extracurricular activities.

It is imperative that you consider this when scheduling your time, activities, and the level of commitment to the club and team. The body can only handle a certain amount of stress within a given time period before illness takes effect or injury. Eclipse Volleyball Club coaches have taken into account what they need for adequate rest and recovery in avoiding excessive stress, but it is also an athlete's parents' responsibility to monitor and make certain that the players getting sufficient rest and recuperation time.

Eclipse Volleyball Club 2024/2025 Fees

10-12u Team Fees \$600

13u & Above Regional Team Fees \$900

13u & Above American Team Fees \$1050

July Tryout Recruits or Contracted player's Payment Schedule

Due Date	Regional	American
Saturday, Sept 14, 2024	\$300.00	\$350
Saturday, Nov 2, 2024	\$300.00	\$350
Saturday, Jan 4, 2025	\$300.00	\$350

October Recruits – Payment Schedule

Due Date	Regional	American	10-12u Teams
Saturday, November 29, 2024	\$300.00	\$350	\$300
Saturday, January 4, 2025	\$300.00	\$350	\$150
Saturday February 15, 2025	\$300.00	\$350	\$150

\$30 late fee- Must be post marked by due date to avoid fee

You may pay by credit card if you are paying your total fee at one time. There will be a \$10 processing fee. Please speak directly to D.J. Justice to make this arrangement.

Venmo is available for payment options for amounts less than \$600. If paying in full, we would prefer Cash or Check.

Venmo: @djustice185

Please mail payments.

Make checks payable to:

Eclipse Volleyball Club
PO Box 362
Nashville, Ohio 44661

A player may not participate in tournaments if their account is behind. A player may not participate in any activities if there is a balance due after March 1st.

COACHES DO NOT COLLECT ANY FEES.

They have been instructed not to accept any checks.

Uniforms:

2 Jerseys will need to be purchased separately on your own. \$50 each 1-White Jersey & 1-Black Jersey w/sleeve \$62. Bottoms must be Black (Short or long legged) w/White Knee pads, no requirement. on shoes. Warm Ups will be provided.

www.Eclipsevball.org - Online Store

Eclipse Volleyball Club,

Club Director D.J. Justice

Cell: 330-600-0503

djustice@eclipsevball.org

Playing Time

It is not inferred nor implied that a player will or will not be guaranteed equal playing time on any team or any event.

Eclipse Volleyball Clubs philosophy is that a player's instruction during practices is what is paid for, with playing time being determined by the players attendance, performance, attitude, and effort during practice times. Moreover, it is left solely to the discretion of the Eclipse Volleyball Club coach.

The coaching decision is not up for debate or question. Athletes are encouraged to ask what they can improve upon to get more playing time. (see Grievance Procedure)

Rules and Regulations

- 1) While representing Eclipse Volleyball Club, all athletes are expected to behave in a responsible manner. Determination of what is responsible behavior lies solely with Eclipse Volleyball Club and the Ohio Valley region in the USA Volleyball guidelines.
- 2) Inappropriate behavior, violations of the OVR code of conduct, or illegal behavior by a Any athlete that intentionally or neglectfully damages equipment owned by Eclipse Volleyball Club or any facility used by the Club during practices, tournaments, or other functions, will be required to reimburse the Club and/ or facility for the damages and dismissal from the Club may or may not be considered.
- 3) Any athlete with a delinquent account during the current session will be denied the privilege of playing any tournament and/ or be asked to sit out at practices until the account is paid or arrangements are made with the Club director.
- 4) Parent's behavior always includes but not limited to:
 - a. not coaching from the sidelines or backlines.
 - b. not making derogatory comments to or about any athlete, parent or official.
 - c. Should not advise, criticize, or otherwise interfere with the coach.
 - d. not approaching the scoring table for ANY reason
 - e. not addressing child's playing time with the coach
 - f. Parents should monitor their athlete's medical needs and report any concerns, particularly: overexertion, overuse, and stress.

Weather and Cancelation

- 5) If there is a Weather Service tool storm warning issued for Holmes or Wayne County 2 hours prior to the start of practice practices are cancelled. If there is a Weather Service watch practice will be held. However, in all cases it is the responsibility of each parent to determine if it is safe to travel and attend practice period it is recommended, however, that you contact your coach to check the status of practice and inform them of your decision. Due to the limited amount of gym time available in the winter seasons, practice is cancelled due to weather will probably not be rescheduled.

Practice Rules

- 6) Coaches determine whether their practices are open or closed.
- 7) Scheduled practice time is starting time and not arrival time. Plan on arriving at least 15 minutes prior to the start of each practice period depending on the facility, set up and/ or taking down of equipment may be required by each player period athletes who arrive late may be asked to meet with the coach after practice.
- 8) Volleyball shoes are to be carried into the practice and tournaments and only worn during playing time, this is to ensure our practice surfaces remain clean and safe.

- 9) Horseplay by athletes or coaches at practice or during tournaments is strictly prohibited.
- 10) All athletes are expected to attend every practice. Illness serious enough to keep the athlete home from school, genuine family emergencies, or active in a school sponsored activity are exceptions for missing practice. Regardless of the reason, if an athlete misses practice, her playing time may be affected.
- 11) If an athlete cannot be at practice, the athlete is expected to call the coach. It is an athlete's responsibility to reach the coach before the practice starts.
- 12) Athletes are encouraged to bring water, in an unbreakable container, two practices and tournaments. Absolutely no glass containers are allowed in the gym or tournament site.

Tournaments Rules

- 13) All athletes are expected to be in the gym, ready to warm up, at the scheduled time period this usually means the athlete needs to arrive at the site 30 minutes prior to the scheduled time period most OVR tournaments are scheduled to begin at 8:00 AM **Earlier is always better.**
- 14) Proper conduct is always expected of members of the Club. This includes athletes, parents, and supporters. This also means treating supporters from other teams, other parents, and officials with respect.
- 15) Athletes and/ or parents are expected to provide transportation for their athletes to and from tournament sites and practices.
- 16) If an athlete cannot be at a tournament, the athlete is expected to call the coach as soon as the athlete knows she will be absent. It is the athlete's responsibility not the parents to reach out to the coach before the tournament starts. If an athlete cannot be at a tournament
- 17) Athletes are not to leave the tournament site before notifying the coach.
- 18) Except in cases of a true emergency, an athlete who has an officiating assignment may not leave a tournament before the assignment is completed. Individual assigned duties at the end of a tournament that are not completed will result in a loss of playing time.
- 19) Tournament cancellations will follow the guidelines set by OVR. Please check the OVR website the night before and/ or morning of a tournament to see if the tournament has been cancelled. If a tournament is cancelled, all efforts will be made to find another tournament to play in, but not guaranteed.

Officiating

Officiating is the shared responsibility of the entire team. All Eclipse Volleyball Club athletes are required to learn to keep the scoreboard, line judge, scorekeeping, score flipping, and officiating. Each coach will determine the rotation for their team to follow for officiating assignments. Team members may not use electronic devices while working in any manner during their officiating assignments. Every player is required to stay until the end of the

team's officiating responsibility. Please, do not ask the coach if you can leave early period you are expected to stay as a volunteer for these important functions!

Grievance Procedure

Competitive team athletics, by their very nature, create situations wherein everyone may not agree about the situation all of the time. Knowing and choosing when and how to communicate with your athlete's coaches is a concern for almost every parent at some point during the season. Eclipse Volleyball Club encourages the athlete to take responsibility for her participation. For this reason, we expect the player to talk to the coach first concerning issues about her role in the team. When parents have a problem that is specific to their own athlete, it is expected that that parent first talked to their athlete's coach. Coaches have been instructed not to discuss coaching decisions with a parent. These coaching decisions include but are not limited to the specific match decisions such as: who plays, when, where, how long, and when Subs are made. The coach will not be required to defend his or her thoughts process or conclusions and determination of a playing time.

Specifically, the procedures to follow if you are a parent or athlete have concerns about Eclipse Volleyball Club policies or actions are, in order:

- 1) The **athlete** will speak or meet with the coach to discuss the matter.
- 2) Parents should call the coach on the phone to set up a meeting. This meeting may not be held at a tournament. If a parent approaches any coach at any tournament, we have instructed the coach to refuse to discuss what could be a controversial matter, refer the parent to the Club director, and to walk away from the situation. We require a 24hr reflection window. Reflect on why you are upset and get those reasons down on paper to discuss. If the matter remains unresolved, or if the athlete has reasonable concern that speaking to the coach will not resolve the issue, then the parent may speak to the Club director.
- 3) In certain situations, Eclipse Volleyball Club may ask the athlete and/ or coach to attend the meeting. Meetings should be previously arranged in will not be scheduled during a tournament. The Club director will not engage in discussions about coaching decisions.

If the parent/player still feels that this issue has not been resolved, the player shall:

- 4) Request that a grievance committee be formed. This committee will be comprised of two coaches in two different age level, and a parent not associated with the players school, age level and team, and the treasurer of the Club. After the parent coach presents their case, the committee will return a verdict that all parties will abide by. The decision of the committee is final.

Other Policies Regarding Grievances

- 1) in accordance with OVR regulations, Eclipse Volleyball Club will not tolerate hostile, aggressive confrontations between a parent and any official, coach, athlete, or other parent, whether the other party is a member of Eclipse Volleyball Club or not. Violations of this policy may result in the athlete being dismissed from the Eclipse Volleyball Club without a refund.
- 2) It is inappropriate for an athlete or parent to approach other Eclipse Volleyball Club members about a problem the athlete or parent is having with Eclipse Volleyball Club coach, about objections to coaching decisions, or about disagreement with an administrative decision.
- 3) It's Eclipse's obligation to inform parents of any behavior that the club has deemed inappropriate and or a safety hazard to the team or themselves. The player will be addressed first, then followed by a meeting with the parent(s).
- 4) Asking uninvolved people to take sides in an issue that is unfair to the third party and to the Club. For the psychological health of the teams and the club as a whole. Grievances need to be handled between the parties involved and in the proper manner. Any member who is approached and asked to listen to or express an opinion about matters between two other parties in the Club is strongly encouraged to refer to the complaining party to take the matter up with either the coach in question and or Club director.
- 5) Any member who, as a third party, hears remarks or stories about Eclipse Volleyball Club, its employees or its policies that caused the member to be concerned, is encouraged to contact the coach and or Club director immediately to determine the facts, or to alert the Club administration to a situation of which it may not be aware.
- 6) Please refrain from negative comments around your daughter and other athletes. Young players are vulnerable and impressionable, so complaining about the coach, the coach's style or Eclipse Volleyball Club policies have an adverse effect on their performance and or attitude.

Tournaments

Tournaments can last anywhere between one or two days. The guaranteed tournaments at each of the age levels are included in the program fees. Teams begin in Pool play. Playing each team in their pool. Then based on record. Advance to the playoff bracket. Most tournament play is best two out of three games. All games are rally score. If a deciding game is needed, a 15 point, win by two points is played.

Please check either the Eclipse Volleyball Club website for links to tournament info or the OVR website for tournaments Information.

Usually, seating is sparse in most of the gyms, so we recommend you bring your own chairs. Please be advised that coolers are not permitted at any sites. Some players bring pillows and sleeping bags so they can rest between rounds. Games, homework, books, or

recommended activities to pass the time during a long tournament day. Arrive early so you can help set up your team area and get ready to warm up. Except for starting times, most tournaments do not follow a set time schedule. Matches will begin 10 minutes after the end of the previous match. Most tournaments will typically end early but may end as late as 7:00 PM. It is advisable to expect to play all day.

At the conclusion of a tournament, each team must clean their own area. No trash is to be left on the floors, tables or other areas or the team established its camp. If using any of the other sites, chairs or tables, they must be returned to the original location. Use of the site electrical outlets for cooking is prohibited. Prohibited by OVR guidelines. Teams failing to clean their area after leaving a tournament will be given a fine by the OVR which will be passed on to the team to play.

Refund Policy

By accepting your contract, you are agreeing to pay your contract in full by making one or multiple payments. Our Club fees are nonrefundable. You are contractually liable to pay your fees despite, injury, job loss, etc. An exception is if the player or our organization are unable to complete a season, at which point a prorated refund will be given minus Club expenses.